## On-Table Item

<table>
<thead>
<tr>
<th>Item Type</th>
<th>Date</th>
<th>Item No.</th>
<th>Item Name</th>
<th>Reason For On-Table Distribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Presentation</td>
<td>May 7, 2020</td>
<td>4.1</td>
<td>Age-Friendly Plan Recommendations</td>
<td>Received after agenda distribution</td>
</tr>
</tbody>
</table>
How did we get here?

August 2019 to November 2019
• Formed Age-Friendly Committee.
• Survey.
  • 360 Respondents.
• Focus-Group Interviews.
  • 128 Participants.
• One-on-one Interviews.
  • 23 Seniors, Caregivers, and Service Providers.
• Walkability Assessment

What are we doing today?

Recommendations have been vetted by City Departments.
• Review Recommendations.
• Discuss SFC Priorities.
  • Which recommendations are most important to the Committee?
  • Are any issues not represented?
# Outdoor Spaces and Public Buildings

## Theme: Walkability

<table>
<thead>
<tr>
<th>Strategy</th>
<th>Proposed Action</th>
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</table>
| Increase access to rest places in walking areas | - Develop guidelines for new rest areas including spacing for benches on key pedestrian routes and recreational routes.  
- In areas identified for additional rest places, install friendship benches to provide additional seating and help reduce social isolation. A friendship bench is a distinctively coloured bench that provides seating and identifies an area where people can sit when they want someone to talk to.  
- Create patio areas with umbrellas and sturdy seats that are safe and comfortable in public areas such as outside the library or at the end of the galleria at City Hall.  
- Change seating in Queens Street Plaza to a more senior-friendly design. | Medium Term |
| Increase access to accessible washrooms | - Audit the number of accessible washrooms in public parks.  
- Work with local businesses to provide washroom access as an initiative of the age-friendly business strategy. | Short Term |
### Theme: Walkability

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<tr>
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<tbody>
<tr>
<td>Improve crosswalk safety</td>
<td>Have the Seniors Focus Committee work with the City Engineering Department to develop age-friendly design guidelines for future crosswalk designs or upgrades.</td>
<td>Medium Term</td>
</tr>
<tr>
<td>Increase sidewalk and trail safety</td>
<td>Have the Seniors Focus Committee provide input to the Engineering department in the establishment of pedestrian-priority streets, as is cited in Transport Moody.</td>
<td>Medium Term</td>
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<td>Support program to increase number of audible/accessible traffic signals.</td>
<td>Medium Term</td>
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<td>Consider increased walk clearance time at traffic signals where traffic conditions allow.</td>
<td>Medium Term</td>
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<td>Have the Senior Focus Committee meet with the Engineering Department regarding pedestrian-focused snow clearance.</td>
<td>Short Term</td>
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### Theme: Accessibility

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<tr>
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<tbody>
<tr>
<td>Ensure age-friendly accessibility design considerations</td>
<td>Have the Seniors Focus Committee create an education program regarding accessibility as part of an age-friendly business program.</td>
<td>Medium Term</td>
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<tr>
<td></td>
<td>Explore a “blue umbrella” program (business-supported wayfinding for those with dementia) as part of the age-friendly business program.</td>
<td>Medium Term</td>
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<td></td>
<td>Have posted maps and clear signage near SkyTrain stations and at Newport Village and Suter Brook Village, with obvious landmarks. Consider adding walking distances (e.g. 800m to the public library and recreation centre).</td>
<td>Medium Term</td>
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<td>Work with the Bylaws Division to enforce accessible parking access on public lands and/or City facilities.</td>
<td>Short Term</td>
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<td>Develop guidelines for adding accessible street parking in key locations.</td>
<td>Short Term</td>
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<td></td>
<td>Consider locations for accessible park trails.</td>
<td>Medium Term</td>
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Theme: Crime Prevention

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<tbody>
<tr>
<td>Increase crime prevention training for seniors</td>
<td>Work with the Port Moody Police Department to host community safety workshops for seniors on a regular basis.</td>
<td>Medium Term</td>
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</table>
### Theme: Transportation

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<tr>
<td>Increase access to affordable and accessible transportation options</td>
<td>Encourage Translink to provide an assisted-transportation system for older adults. Look to Age-Friendly Edmonton and the Translink’s Transit On-Demand Pilot Program on Bowen Island for examples of implementation.</td>
<td>Medium Term</td>
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<td></td>
<td>Ask TransLink to work on increasing bus driver awareness regarding the need for kneeling bus service for older adults.</td>
<td>Short Term</td>
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<td></td>
<td>Audit bus stops to determine progress toward City-defined goal of 100 per cent accessibility.</td>
<td>Medium Term</td>
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## Theme: Housing

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| Increase access to affordable and accessible housing options | Investigate the timeline for creating new subsidized and senior-specific housing units in Port Moody. Have SFC consult with City planners.  
Ask the provincial government to consider creating awareness campaigns for two of their programs: EfficiencyBC, which offers financial incentives, information, and support to help households save energy and reduce greenhouse gas emissions by switching to high-efficiency heating equipment and making building-envelope improvements; and the BC Seniors’ Home Renovation Tax Credit, which is a refundable personal income tax credit to assist individuals aged 65 and older with the cost of certain permanent home renovations.  
Ask BC Housing to consider creating an awareness campaign for their Home Adaptations for Independence Program, which provides financial assistance in the form of a grant to eligible low-income households to complete home adaptations for independent living.  
Work with the Fraser Health Authority to explore plans for more supportive care options in Port Moody. | Long Term  
Short Term  
Short Term  
Short Term |

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### Social Participation and Recreation

**PORT MOODY**  
**CITY OF THE ARTS**
Theme: Recreation

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<tr>
<td></td>
<td>Have the SFC and the Planning Department work together to identify the best options for a dedicated Seniors Centre space that could also potentially share space for other programs like preschools (which would additionally foster intergenerational programming).</td>
<td>Long Term</td>
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<td></td>
<td>Have the recreation programmers and SFC meet to discuss options for increasing seniors programming for active and younger seniors and those looking for more educational programming.</td>
<td>Short Term</td>
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<td></td>
<td>Consider partnering with the Alzheimer Society of B.C. to run a Minds in Motion group in one of the recreation centres.</td>
<td>Medium Term</td>
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<td>Expand the “Get up and Go” balance and mobility class offerings.</td>
<td>Short Term</td>
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<td>Paint pickleball lines on existing tennis courts that have low usage. Plan to build dedicated pickleball courts.</td>
<td>Short Term</td>
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<td></td>
<td>Support the Port Moody Station Museum to develop a Men’s Shed program. The museum has a dedicated space to start the program. The program could also form a collaboration with the United Way’s Better at Home program to offer expanded, volunteer home repair services.</td>
<td>Short Term</td>
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Respect and Social Inclusion
### Theme: Inclusion

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<tr>
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<tbody>
<tr>
<td>Increase opportunities for inclusion and reduce isolation</td>
<td>Actively recruit new members for the Seniors Focus Committee who represent new immigrants and Indigenous communities. Look to the City of Ottawa’s Age-Friendly Strategy for an example.</td>
<td>Short Term</td>
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<td></td>
<td>Add a land acknowledgment regarding the use of the unceded traditional territories of the Kwikwetlem, Musqueam, Squamish, Stó:lō and Tsleil-Waututh First Nations to any document that is part of any Age-friendly strategy.</td>
<td>Short Term</td>
</tr>
<tr>
<td></td>
<td>Consider offering a combined arts/culture and light snack program for those who are socially isolated. Collaborate with Fraser Health’s Home and Community Care department to consider referring clients in need of social interaction to this program.</td>
<td>Medium Term</td>
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<td></td>
<td>Work with local restaurants to provide a low-cost menu option as part of the age-friendly business program.</td>
<td>Medium Term</td>
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### Theme: Inclusion

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<tr>
<td>Increase opportunities for inclusion and reduce isolation</td>
<td>Consider establishing a volunteer ambassador program to link older adults with available City services.</td>
<td>Medium Term</td>
</tr>
<tr>
<td></td>
<td>Work with the Alzheimer Society of B.C. to develop dementia-inclusive training for recreation staff. This training will ensure staff are better able to support those with dementia so they can take part in regular recreational programming. Add a dementia-friendly symbol in the online program guide to signify classes taught by those who have completed dementia awareness training.</td>
<td>Short Term</td>
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<tr>
<td></td>
<td>Collaborate with the Alzheimer Society of B.C. to develop and deliver dementia awareness-training to frontline City staff.</td>
<td>Medium Term</td>
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## Theme: Civic Engagement

### Strategy

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<tr>
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<tbody>
<tr>
<td>Consider the feasibility of adding a dedicated City staff member to deal specifically with an older adult portfolio.</td>
<td>Long Term</td>
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<tr>
<td>Post volunteer opportunities for seniors specific to on the City’s website. Consider adding a section specifically for flexible opportunities.</td>
<td>Short Term</td>
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<tr>
<td>Develop and implement a communications/marketing plan with the goal of increasing seniors’ awareness of all the ways they can be involved in City affairs.</td>
<td>Short Term</td>
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<tr>
<td>Consider having a Mayor and Council event for older adults.</td>
<td>Short Term</td>
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Theme: Communications

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<tbody>
<tr>
<td>Improve communication of City information to older citizens</td>
<td>Consider offering information about services offered for older adults in Port Moody in City mailouts such as property tax notices and the Focus newsletter.</td>
<td>Medium Term</td>
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<td></td>
<td>Consider using regular ad space in the TriCity News to advertise events and programs aimed at older adults.</td>
<td>Medium Term</td>
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<td></td>
<td>Collaborate with local strata councils to provide senior-specific information to residents.</td>
<td>Short Term</td>
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<td></td>
<td>Explore the feasibility of developing both a paper-copy and online version of an older adults' directory that could offer a wide range of information for health, recreation, housing, social, and other services.</td>
<td>Medium Term</td>
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<tr>
<td></td>
<td>Partner with practicum students from local post-secondary programs (e.g. Therapeutic Recreation at Douglas College) to inventory and develop a directory.</td>
<td>Medium Term</td>
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<tr>
<td></td>
<td>Increase awareness of 211, a free, multilingual telephone and texting service for anyone seeking information about community, social, or government services. This service is provided by bc211, a Vancouver-based non-profit organization.</td>
<td>Short Term</td>
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<td></td>
<td>Host information workshops for older adults at City Hall on a variety of older-adult-specific issues.</td>
<td>Medium Term</td>
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## Theme: Health

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<tbody>
<tr>
<td>Improve access to community and health services</td>
<td>Develop a senior-specific emergency preparedness strategy for use in disaster response planning. Use the World Health Organization document Older People in Emergencies: Considerations For Action and Policy Development as a guide.</td>
<td>Medium Term</td>
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<tr>
<td></td>
<td>Ask the Canadian National Institute for the Blind (CNIB) to explore the possibility of expanding services for visually-impaired seniors in Port Moody, and support CNIB’s efforts where possible.</td>
<td>Medium Term</td>
</tr>
<tr>
<td></td>
<td>Provide information for caregivers of older adults on the City website, in one of the monthly proposed education sessions, or as part of an older adult directory.</td>
<td>Short Term</td>
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<tr>
<td></td>
<td>Work with the Fraser Health Authority to inventory health services of interest to older adults living in Port Moody. Consider adding into education sessions or an awareness campaign regarding the existing older adult resources directory.</td>
<td>Medium Term</td>
</tr>
</tbody>
</table>
Next Steps

Age-Friendly Assessment And Recommendations For Action
• Report to be sent to Union of British Columbia Municipalities (UBCM).
  • Communications is finalizing the Report.
  • Committee will receive a copy for review.
• Report will then go to Council.
  • Tentatively slated for June.
• Seek formal recognition as an Age-Friendly Community in British Columbia.

Thank you.